**Programming** is the process of giving a set of instructions to a computer to execute. [Imagine yourself as the computer, and the recipe’s author as a programmer—providing you with instructions to read and follow, resulting in a specific outcome1](https://www.codecademy.com/article/what-is-programming).

Here are **five free resources** where you can learn programming:

1. [**Programiz**](https://www.programiz.com/): Offers beginner-friendly tutorials and examples for Python, SQL, R, HTML, JavaScript, Java, Rust, and more[2](https://www.programiz.com/).
2. [**Codecademy Videos**](https://www.codecademy.com/resources/videos): Watch programming videos for beginners, intermediates, and advanced learners covering various languages and frameworks[3](https://www.codecademy.com/resources/videos).
3. [**freeCodeCamp.org**](https://www.freecodecamp.org/): A comprehensive platform with free coding tutorials and projects[4](https://www.freecodecamp.org/).
4. [**MyGreatLearning**](https://www.mygreatlearning.com/programming/free-courses): Provides free programming courses on topics like Python, problem-solving, coding environments, and more[5](https://www.mygreatlearning.com/programming/free-courses).
5. [**Coursera**](https://www.coursera.org/articles/what-is-programming): Offers courses on programming, including Python, SQL, R, HTML, JavaScript, and Java, emphasizing collaboration between humans and computers[6](https://www.coursera.org/articles/what-is-programming).

Happy coding! 🚀👩‍💻